

S.T.A.R.T.
STRAIGHT
TALK ABOUT
RESPONSIBLE
TREATMENT **Now**

> A *Self Quiz* for
Kids with ADHD



RESPONSIBLE TREATMENT

Take this short quiz to see if you're off to the right START to understanding ADHD and safe treatment with stimulant medications...

- True False** 1. Medicines prescribed by a doctor are safe for anyone to take.
- True False** 2. If someone you know also takes medicine for ADHD, it is okay for you to share your medicine, as long as it is the same kind.
- True False** 3. If you miss a dose of your ADHD medicine, you should take an extra dose next time.
- True False** 4. If you notice that some of your medicine is missing, it is probably okay because someone in your family or your friend may have taken it.
- True False** 5. It's okay to take extra medicine if you have to study for a big test.

ADHD

6. Medicines used to treat the symptoms of ADHD have been around for:
- A) Less than 5 years B) Fifteen years C) More than 40 years
7. Medicine helps people with ADHD because it:
- A) Helps balance chemicals in the brain that cause ADHD symptoms
B) Cures ADHD
C) Gets rid of the gene that causes ADHD
D) All of the above
8. For an ADHD diagnosis, symptoms must:
- A) Be present for at least six months
B) Exist in at least two different settings (such as at school and at home)
C) Cause difficulty with everyday functioning and be unrelated to another condition
D) All of the above
9. ADHD can be treated with:
- A) Medication B) Behavioral therapy C) Both A and B
10. The following people can have ADHD:
- A) Only kids (up to age 12) B) Only kids and teens C) Anyone can have ADHD
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For each question answered correctly, give yourself 1 point:

8 - 10 POINTS

Congratulations, you're off to a great START!

0 - 7 POINTS

Nice effort! Just review your **S.T.A.R.T. Now** brochure to brush up on tips for responsible treatment. To learn more about ADHD, visit <http://www.adhdinfo.com>.


